

DRESS

Remove any contact lenses. Do wear your glasses and/or hearing aids and bring a case for storage while you are in surgery. Wear comfortable, loose clothing and low-heeled shoes. A gown will be provided during your stay at the center. Leave all jewelry at home. All body jewelry must be removed.

TIME OF STAY

Generally, patients can expect to remain in the recovery room after their surgery anywhere from 15-60 minutes; occasionally additional time may be required, depending on the type of anesthesia administered. After your surgery you will not be allowed to drive or take a taxicab and must have a responsible adult available to drive you home. Please make sure your ride will be readily available - 15 to 60 minutes after your procedure.

POST-OP RESTRICTIONS

If you are having an anesthetic, you should plan to have a responsible adult family member or friend remain with you the first 24 hours following surgery.

You may feel dizzy or drowsy after your surgery. For your comfort and safety, do not drive or drink alcoholic beverages for the rest of the day. You will receive post-operative instructions from your doctor prior to leaving the center. Follow these instructions carefully. If you have problems after returning home, call your doctor's office.

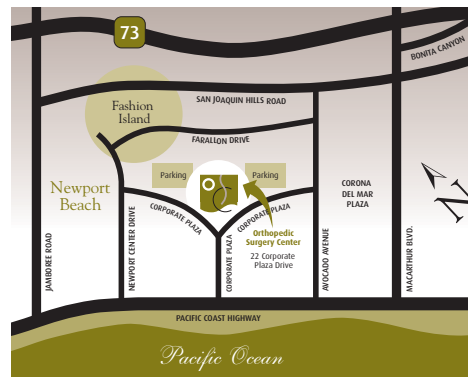
BILLING

Insurance verification must be completed prior to the date of your surgery. Should you have a co-pay, co-insurance responsibility or unpaid portion of your deductible, you will be contacted approximately one week prior to surgery. Unmet deductibles, co-payments and co-insurance amounts are the patient's responsibility and are due in full prior to surgery. On the day of surgery please bring in your method of payment (cash, check, money order or credit card). If paying by check, please provide driver's license number. The center accepts Visa, MasterCard, Discover, American Express and Care Credit.

As a courtesy to our patients, our business office will bill your primary insurance carrier if you have provided us with current and active insurance information. Please bring your insurance identification card to help ensure that we have the correct information.

You and your insurance carrier will receive bills from:

- **Orthopedic Surgery Center**
- **Your surgeon**
- **Your anesthesiologist**
- **A pathologist**
(if a tissue specimen was removed for evaluation)
- **RNFA - Registered Nurse First Assistant**
(if utilized)
- **Durable Medical Equipment Provider**



22 Corporate Plaza, Suite 150, Newport Beach, CA 92660

Tel. 949.515.0708 Fax 949.515.4821

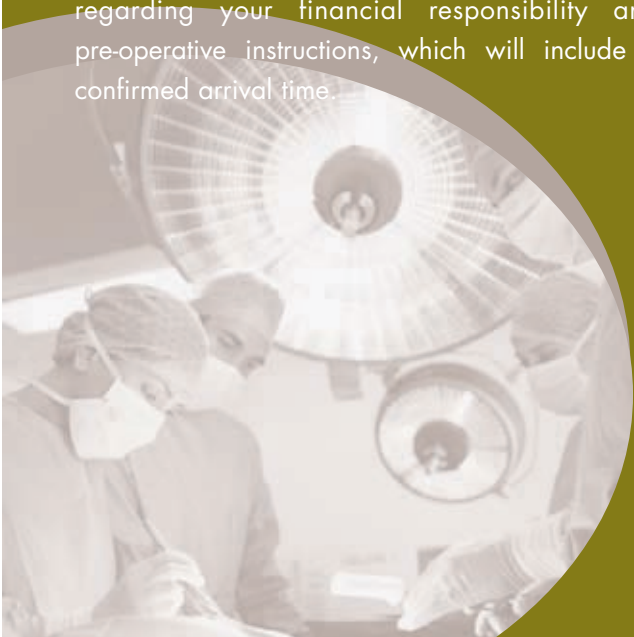


Some things you need to know before and after you have surgery...

Welcome to the Orthopedic Surgery Center of Orange County, dedicated to providing excellence in orthopedic and musculoskeletal care in a customer-focused, service-oriented environment. The Center is jointly owned by Orthopedic Specialists of Newport Beach, LLC and Hoag Hospital.

We ask that you take a minute to read this brochure which contains important information about your surgery. And please, remember..we are here to serve you, and want to make your surgical experience as comfortable as possible. If you have additional questions, please feel free to contact our staff at 949.515.0708.

We will contact you using the address and telephone numbers provided to us by your surgeon. Please contact us with alternate information, if desired. We will be contacting you regarding your financial responsibility and pre-operative instructions, which will include a confirmed arrival time.



PRE-OPERATIVE TESTING

Many patients are required to have tests prior to surgery. You will receive instructions and orders for pre-operative testing from your surgeon.

Have all tests completed as soon as possible and results faxed to the Orthopedic Surgery Center of Orange County at 949.999.4517 prior to the date of your surgery.

If you have any questions regarding pre-operative testing, please contact your surgeon or our staff at 949.999.4515.

DIET

Food or liquid in your stomach may cause your surgery to be postponed or cancelled. Please follow these guidelines:

- **The night before your surgery, do not eat anything after 9 p.m. and do not drink anything after midnight, including gum and mints**
- **Have a light dinner and limit alcohol intake the evening prior to your surgery**
- **Cessation of smoking 24 hours prior to surgery is recommended as beneficial to your post-operative recovery**
- **Your ride home should be available from 15 to 60 minutes after your procedure**

PREPARING FOR SURGERY

The nurse will call you the business day before surgery with your confirmed arrival time. Although the Surgery Center does its best to accommodate our patient's needs, your surgery time may vary. On the day of surgery, please remain at a phone where you can be reached. Please bring any orders from your doctor, insurance cards, X-rays, post-op braces, etc and/or other items to be used at the center.

Consent forms will be signed upon your arrival. If a patient is under the age of 18, the consent must be signed by a parent or legal guardian. Parents must remain in the center until their child is discharged. If you are a conservator for a patient, please bring copies of your medical power of attorney. Once you have been registered, you will be admitted to the pre-operative area where you will be prepared for surgery by a registered nurse and assessed by your anesthesiologist.

Please leave young children and siblings at home.